

# Effects of Lentil Protein Hydrolysate on Blood Pressure Control, Vascular Function and Exercise Performance

NCT06894875

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Nuritas Ltd
Enrollment	48 participants

## Key Eligibility Criteria

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### Inclusion (8)

- Willing to provide written and dated informed consent to participate in the study.
- Willing and able to comply with the protocol.
- Are not on any medication, or supplements which would impact the trial in the opinions of the investigator or Sponsor.
- Male or female between 18 and 45 years of age (18.5 kg/m<sup>2</sup> ≤ BMI < 30 kg/m<sup>2</sup>).
- Comply with ACSM guidelines for physical activity.

... and 3 more (see full listing online)

### Exclusion (11)

- Subjects having a known allergy or hypersensitivity to any of the ingredients in the investigational products.
- Subjects with a history of alcohol and/or other drug abuse in the past year.
- Has performed strenuous exercise (rating of perceived exertion ≥ 13) in the 48 hours before laboratory visit (Borg, 1982).
- Consuming >14 alcoholic drinks per week or > 2 drinks/day in the 48 hours preceding a clinic visit.
- Active smokers, nicotine use or vaping

... and 6 more (see full listing online)

## Locations (1 total)

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Baker Heart and Diabetes Institute, Melbourne, Victoria, Australia