

Telerehabilitation and Clinic-Applied Core Stabilization Exercises in Patients With Chronic Low Back Pain

NCT06895057

Status	RECRUITING
Phase	Not Applicable
Sponsor	Gaziantep Islam Science and Technology University
Enrollment	32 participants

Key Eligibility Criteria

Inclusion (5)

- People with chronic back pain between the ages of 25-55
- People with back pain for more than 3 months
- Ability to read and understand Turkish
- Volunteer to participate in the study
- Those with pain intensity above 3 on the Visual Analog Scale (VAS)

Exclusion (10)

- Not accepting to participate in the study,
- Having any pathology that causes back pain (e.g. infections, tumors or rheumatoid arthritis)
- Having liver, heart, lung, kidney failure or tumor
- Having a history of cerebrovascular disease
- Having a neurological disease or skeletal muscle degenerative disease
- ... and 5 more (see full listing online)

Locations (1 total)

Gaziantep Islam Science and Technology University, Gaziantep, ^ahinbey, Turkey (Türkiye)