

# Retro-walking Versus Forward-walking Training Using Underwater Treadmill in Patients With Knee Osteoarthritis

NCT06896032

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Nourhan Atwa Said
Enrollment	60 participants

## Key Eligibility Criteria

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### Inclusion (5)

- patients with chronic knee OA.
- Age ranges from 40-60 years old of both genders.
- body mass index (BMI) 25- 35kg/m<sup>2</sup>.
- The degree of osteoarthritis was mild or moderate and have a Kellgren- Lawrence radiographic grade of of1-3.
- unilateral knee osteoarthritis involvement.

### Exclusion (10)

- hydrophobia.
- pregnancy.
- infection.
- psychiatric disorder.
- haemorrhagic diathesis.

... and 5 more (see full listing online)

## Locations (2 total)

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cairo U, Cairo, Cairo Governorate, Egypt  
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