

# Determining the Effect of Food Ordering on Blood Glucose In Gestational Diabetes Mellitus (DEFI-GDM)

NCT06896799

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Queen's University, Belfast
Enrollment	35 participants

## Key Eligibility Criteria

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### Inclusion (2)

- Pregnant women with gestational diabetes mellitus
- Aged 18-50 years old

### Exclusion (7)

- History of type 1 or type 2 diabetes mellitus
- Dietary restrictions or clinically confirmed food allergies that may affect study requirements
- Pharmacologically managed GDM at the point of study entry
- Hyperemesis gravidarum at the point of study entry (i.e. prolonged/severe nausea and vomiting)
- Using antiemetic medication (e.g. dimenhydrinate, prochlorperazine, promethazine)

... and 2 more (see full listing online)

## Locations (1 total)

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Centre for Public Health, Institute of Clinical Sciences A, Belfast, United Kingdom