

Personalized Metabolic Responses to Rapid, Slow and Resistant Starch

NCT06897241

Status	RECRUITING
Phase	Not Applicable
Sponsor	Chalmers University of Technology
Enrollment	96 participants

Key Eligibility Criteria

Inclusion (9)

- Men and post-menopausal women
- Age 30-75 years
- BMI 27-40 kg/m²
- Waist circumference \geq 102/88 cm for men/women
- Weight stable during previous 3 months (\pm 3 kg)

... and 4 more (see full listing online)

Exclusion (15)

- Cardiovascular events (myocardial infarction or stroke) during the previous 6 months
- Diagnosis of diabetes (any type) or use of any drug who can interfere with glucose homeostasis (i.e., metformin, incretin analogues, SGLT-2 inhibitors)
- History of stomach or gastrointestinal conditions (inflammatory bowel disease, Crohn's disease, malabsorption, etc.)
- Colostomy, bowel resection, bariatric surgery or other major gastrointestinal surgery
- Renal or liver failure (creatinine \leq 1.7 mg/dl and alanine aminotransferase/aspartate aminotransferase \leq 2 times than normal values, respectively)

... and 10 more (see full listing online)

Locations (1 total)

Clinical Trial Center, Sahlgrenska University Hospital, Gothenburg, Västra Götaland County, Sweden

<https://clinicaltrials.gov/study/NCT06897241>

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