

Step-by-Step: Evaluation of a Stepped Care Model

NCT06902649

Status	RECRUITING
Phase	Not Applicable
Sponsor	Karolinska Institutet
Enrollment	210 participants

Key Eligibility Criteria

Inclusion (3)

- Families with children aged 8-16 years who have difficulty controlling anger or exhibit defiant or aggressive behavior. The child/adolescent meets 3 of the diagnostic criteria for Oppositional Defiant Disorder or 2 criteria for Conduct Disorder indicating aggressive behavior.
- Medication for the child can remain stable.
- Parents need to be able to read and engage with materials in Swedish

Exclusion (4)

- Families with children younger than 8 years old or who have already turned 17, or who do not exhibit defiant or aggressive behaviors according to the first inclusion criterion.
- Children with severe depression, suicidal behavior, bipolar disorder, psychosis, eating disorders, severe autism (level 2 and 3), diagnosed intellectual disability, or ongoing criminal behavior assessed to require interventions other than the study's interventions are excluded.
- Children/adolescents with other ongoing psychological treatments for the same condition or assessed by the clinician in need of other interventions
- Parents and children with epilepsy or migraines

Locations (1 total)

Karolinska Institutet, Solna, Sweden