

Reliability of PHAS in Postural Hyperkyphosis

NCT06907901

Status RECRUITING
Sponsor Istanbul University - Cerrahpasa
Enrollment 128 participants

Key Eligibility Criteria

Inclusion (4)

- Age between 8 and 65 years
- Diagnosed with postural hyperkyphosis (Cobb angle $\geq 50^\circ$ confirmed by clinical and radiological evaluation)
- Ability to perform daily activities independently
- Voluntary participation and signed informed consent

Exclusion (6)

- Presence of scoliosis or other spinal deformities
- Kyphosis due to severe osteoporosis or pathological fractures
- Diagnosis of ankylosing spondylitis or other inflammatory spinal diseases
- Functional limitations due to acute or chronic pain
- Previous postural awareness training or spinal rehabilitation within the last 6 months
- ... and 1 more (see full listing online)

Locations (1 total)

Istanbul University-Cerrahpasa, Istanbul, Istanbul, Turkey (Türkiye)