

Schroth and Scapular Muscle Activation in Hyperkyphosis

NCT06907914

Status	RECRUITING
Phase	Not Applicable
Sponsor	Istanbul University - Cerrahpasa
Enrollment	56 participants

Key Eligibility Criteria

Inclusion (3)

- Thoracic kyphosis angle (Cobb) between $\geq 40^\circ$ and $< 70^\circ$ on lateral radiographs
- Aged 7-18 years
- Risser stage 0-5, indicating ongoing skeletal development

Exclusion (14)

- Congenital or rigid spinal deformities/anomalies
 - Major musculoskeletal surgery or trauma, especially involving the spine
 - Physiotherapeutic intervention for the spine in the last 6 months
 - Current brace use
 - BMI ≥ 30
- ... and 9 more (see full listing online)

Locations (1 total)

Istanbul University-Cerrahpasa, Istanbul, Istanbul, Turkey (Türkiye)