

Risk of Falling and Cardiac Rehabilitation

NCT06908759

Status	RECRUITING
Phase	Not Applicable
Sponsor	IRCCS San Raffaele Roma
Enrollment	150 participants

Key Eligibility Criteria

Inclusion (5)

- Age \geq 65 years
- Recent acute cardiac event, including:
 - Cardiac surgery (CABG, aortic and/or mitral valve replacement, mitral valvuloplasty, or combined CABG + valve surgery)
 - Recent myocardial infarction treated with percutaneous revascularization
- Episode of acute heart failure

Exclusion (5)

- Persistent clinical instability, defined as:
 - Marked hypotension (BP \leq 95/60 mmHg) or hypertension (BP \geq 160/100 mmHg)
 - Bradycardia (HR $<$ 50 bpm) or tachycardia (HR $>$ 115 bpm)
 - Resting dyspnea
 - Signs and symptoms of infection

Locations (1 total)

IRCCS San Raffaele, Rome, RM, Italy