

Pain Relief From Dysmenorrhea Employing taVNS

NCT06912386

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Electronic Science and Technology of China
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (10)

- Regular menstrual cycle (28 days \pm 7 days);
- Average moderate menstrual pain (with 4 - 7 NRS scores);
- History of over-the-counter (OTC) analgesic use for the treatment of menstrual pain (at least 1 IBUPROFEN for the first two days);
- consecutive monthly menstrual cycles;
- Non-pregnant status;
- ... and 5 more (see full listing online)

Exclusion (16)

- Currently under medications (except for analgesic medication for menstrual cycle);
- Use of oral contraceptive;
- Secondary cause for dysmenorrhea (i.e., endometriosis, adenomyosis, uterine fibroids, or infection);
- Unstable or serious illness (e.g., kidney, liver, GIT, heart conditions, diabetes, thyroid gland function, lung conditions, chronic asthma, diagnosed psychological or mood disorder, hypertension, any bleeding disorders, recent surgery, or concurrent blood thinning treatment);
- Current malignancy or treatment for malignancy within the previous 2 years;
- ... and 11 more (see full listing online)

Locations (1 total)

UESTC, Chengdu, Sichuan, China