

# Static vs. Dynamic Progressive Splinting for Persistent Wrist Stiffness After DRF

NCT06913933

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Al Hayah University In Cairo
Enrollment	50 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Adults aged 18 years or older. At least 8 weeks post distal radius fracture (operative or nonoperative) who have completed standard rehabilitation.
- Demonstrated persistent wrist stiffness with d50% of contralateral wrist extension or flexion.
- Capable of providing written informed consent and complying with study procedures

### Exclusion (4)

- Presence of complex regional pain syndrome (CRPS) or active fracture healing issues.
- History of significant wrist pathology unrelated to the DRF. Uncontrolled medical conditions that would interfere with splint application or therapy.
- Known skin conditions or allergies that preclude orthosis use. Inability or unwillingness to adhere to the intervention protocol or follow-up schedule.
- Pregnant or breastfeeding individuals.

## Locations (1 total)

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Faculty of Physical Therapy, Al Hayah University, Cairo, Egypt