

# Virtual Reality Exposure for Vaginismus: A Replicated Single-Case Design

NCT06923306

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Status	RECRUITING
Phase	Not Applicable
Sponsor	University of British Columbia
Enrollment	20 participants

## Key Eligibility Criteria

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### Inclusion (1)

- The investigators will recruit individuals who have a vagina. They expect that most participants will identify as cisgender, where sex is female and gender is woman, while others may have a female sex but identify as a different gender (e.g., genderdiverse). Transwomen (i.e., birth assigned males but identify as woman) who have had gender-affirming surgery (and so have a vagina) are eligible, as are transmen (i.e., birth assigned females but identify as men) who have not had bottom surgery (so have a vagina).

### Exclusion (1)

- Presence of: unprovoked vaginal pain; a vulvar skin condition (i.e., lichen sclerosus); an imperforate hymen; or epilepsy characterized by photosensitive seizures. Note: provoked vulvar pain is not an exclusion criterion because at least 40% of people with vaginismus report pain with attempted penetration.

## Locations (2 total)

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UBC Sexual Health Lab, Vancouver Hospital, Vancouver, British Columbia, Canada  
Diamond Health Care Centre, Vancouver, British Columbia, Canada