

# Effect of Micronized Creatine Monohydrate on Muscle Mass, Strength and Performance in Older Adults Submitted to Total Knee Arthroplasty

NCT06925880

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	ConSORCI Sanitari del Maresme
<b>Enrollment</b>	262 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Persons 65 years of age or older who have been operated on for the first time for total knee arthroplasty,
- who are undergoing an outpatient rehabilitation program according to standard clinical practice,
- who sign the informed consent form.

### Exclusion (10)

- Chronic renal disease at stage G3b or higher or glomerular filtration rate  $\leq 30$  ml/min/1.73m<sup>2</sup>.
- Hepatic insufficiency, cirrhosis.
- Neuromuscular and neurodegenerative diseases (amyotrophic lateral sclerosis, multiple sclerosis, muscular dystrophy, myasthenia gravis, Parkinson's disease, etc.).
- Severe or very severe chronic obstructive pulmonary disease (COPD) (GOLD III-IV).
- Moderate or severe chronic heart failure (NYHA 3-4).

... and 5 more (see full listing online)

## Locations (1 total)

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