

# Revised Targets for Knee Radiofrequency Ablation

NCT06934421

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**Status** RECRUITING  
**Sponsor** Centro Hospitalar Universitario do Algarve  
**Enrollment** 60 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Patients with chronic knee pain related to radiographic knee osteoarthritis, Kellgren-Lawrence (KL) grade III or IV, who are refractory to conservative treatment.
- (Refractoriness to conservative treatment is defined as:
- Persistent pain and functional limitation after undergoing knee-targeted physiotherapy and analgesic medication in accordance with clinical guidelines for osteoarthritis [e.g., paracetamol, nonsteroidal anti-inflammatory drugs, and other drugs as deemed appropriate by the treating physician];
- Persistent pain and functional limitation after intra-articular corticosteroid injections or limited success with such interventions.)

### Exclusion (8)

- Patients with previous knee arthroplasty
- Patients who have undergone prior radiofrequency (RF) ablation
- Significant psycho-emotional disorders
- Addictive behaviors
- Generalized pain
- ... and 3 more (see full listing online)

## Locations (2 total)

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Serviço de Medicina Física e de Reabilitação - Hospital de Faro - Unidade Local de Saúde do Algarve, Faro, Portugal  
Serviço de Medicina Física e de Reabilitação - Hospital de São Francisco Xavier - Unidade Local de Saúde de Lisboa Ocidental, Lisbon, Portugal