

# Cognitive-behavioral Therapy for the Diseases Associated With Esophageal-brain-gut Axis Communication Abnormalities.

NCT06939465

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Hualien Tzu Chi General Hospital
Enrollment	120 participants

## Key Eligibility Criteria

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### Inclusion (2)

- Age between 18 and 75 years, with clear consciousness and willingness to sign the informed consent form.
- Subjects with chronic esophageal symptoms related to disorders of the brain-gut axis communication (such as heartburn, acid reflux, sensation of a foreign body in the throat, difficulty swallowing, and chest pain or discomfort).

### Exclusion (12)

- Esophageal strictures, or history of surgery on the esophagus, gastrointestinal tract, or throat.
- Structural esophageal diseases (such as diverticula, esophageal rings, etc.), infectious esophagitis, erosive esophagitis, eosinophilic esophagitis.
- Non-erosive gastroesophageal reflux disease or significant esophageal motility disorders.
- History of or current diagnosis of malignancies in the esophagus, gastrointestinal tract, or other organs.
- Significant endocrine or rheumatic immune diseases that may affect gastrointestinal motility.

... and 7 more (see full listing online)

## Locations (1 total)

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Hualien Tzu Chi Hospital, Buddhist Tzu Chi Medical Foundation, Hualien City, Taiwan