

# Preoperative Pelvic Floor Muscle Training in Female Urinary Incontinence

NCT06957795

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Gulhane School of Medicine
Enrollment	60 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Being a woman between the ages of 18-65
- Being diagnosed with SUI or SUI-predominant mixed type urinary incontinence by an obstetrician-gynecologist
- Having active pelvic floor muscle contraction
- No genital anatomical abnormality
- Being able to understand and follow verbal and written instructions

... and 2 more (see full listing online)

### Exclusion (7)

- Not volunteering to participate
- Being pregnant
- Having had previous pelvic floor surgery
- Having received previous pelvic floor physiotherapy
- Having a vaginal or urinary infection

... and 2 more (see full listing online)

## Locations (1 total)

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Gülhane Education and Research Hospital, Department of Obstetrics and Gynecology, Ankara, Turkey (Türkiye)