

The Effect of Kinesiotaping on Posture and Balance in Patients With Postural Thoracic Hyperkyphosis

NCT06959680

Status	RECRUITING
Phase	Not Applicable
Sponsor	Sultan Abdulhamid Han Training and Research Hospital, Istanbul, Turkey
Enrollment	48 participants

Key Eligibility Criteria

Inclusion (4)

- Being between the ages of 18-45
- Among the patients who applied to the physical medicine and rehabilitation outpatient clinic with poor posture or nonspecific back pain, the kyphosis angle was measured as ≥ 40 on the thoracic lateral radiograph
- Being literate
- Agreeing to participate in the research

Exclusion (10)

- Patients younger than 18 years and older than 45 years
- Spinal deformity, Scheuermann disease, disc herniation
- Previous spine surgery and trauma
- Neuromuscular, peripheral neuropathic disease
- Pregnant and postmenopausal women
- ... and 5 more (see full listing online)

Locations (2 total)

Marmara University Faculty of Medicine, Istanbul, Turkey (Türkiye)
Sultan 2.Abdülhamid Han Training and Research Hospital, Istanbul, Üsküdar, Turkey (Türkiye)