

Comparative Effects of Therapeutic Ultrasound and Sinus Massage in Chronic Rhinosinusitis: a Randomized Controlled Study

NCT06960876

Status	RECRUITING
Phase	Not Applicable
Sponsor	Foundation University Islamabad
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (16)

- Age 20-60 years
- Both gender
- Diagnosed patients of chronic rhinosinusitis referred by an ENT specialist
- According to the AAO-HNS, patients are diagnosed with CRS if they had:
- Two or more major symptoms for e12 weeks. Or
- ... and 11 more (see full listing online)

Exclusion (10)

- Nasal polyps
- Current Medical conditions in which ultrasound is contraindicated (20)
- Facial metal implants
- Face or head tumor/cyst/malignancy
- Deteriorated cognitive level
- ... and 5 more (see full listing online)

Locations (1 total)

Foundation University College of Physical Therapy, Islamabad, Pakistan