

DBT-P Treatment Study

NCT06963801

Status	RECRUITING
Phase	Not Applicable
Sponsor	Duke University
Enrollment	100 participants

Key Eligibility Criteria

Inclusion (4)

- Emotion dysregulation score of 88 or above
- At least 12 weeks pregnant
- Singleton Pregnancy
- Fluent in English

Exclusion (5)

- Active psychosis
- Drug or alcohol use disorder during pregnancy
- High risk of an imminent suicide attempt
- Significant health complications (e.g., cancer)
- Illiterate and/or unable to independently complete and comprehend written measures

Locations (1 total)

Duke University, Durham, North Carolina, United States