

# Clinical Trial on Deprescribing Associated With a Psychoeducational Program Using Virtual Reality for Patients With Chronic Pain and Central Sensitization

NCT06964360

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Badalona Serveis Assistencials
<b>Enrollment</b>	72 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Adults (≥18 years) diagnosed with chronic non-cancer pain persisting for at least 3 months
- Assigned to one of the participating primary care centers
- Presence of central sensitization symptoms, emotional distress, kinesophobia, or inadequate response to prior treatments
- Capacity to provide informed consent and complete questionnaires

### Exclusion (5)

- Acute pain conditions (duration <3 months)
- Severe psychiatric or cognitive impairment
- Uncontrolled vertigo, epilepsy, or major visual/auditory impairments
- Conditions contraindicating use of VR equipment
- Inability to attend scheduled sessions

## Locations (4 total)

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Primary Care Progrès-Raval, Badalona, Barcelona, Spain  
Primary Care Center Apenins-Montigalà, Badalona, Barcelona, Spain  
Primary Care Center Morera-Pomar, Badalona, Barcelona, Spain  
... and 1 more locations