

Proof of Concept, Randomized, and Crossover Study, to Assess the Effectiveness of Two Types of Compression Garments in Lipedema

NCT06964828

Status	RECRUITING
Phase	Not Applicable
Sponsor	Isabel Forner-Cordero, MD, PhD
Enrollment	34 participants

Key Eligibility Criteria

Inclusion (6)

- Clinical diagnosis of lipedema: increased low-limb volume, disproportion between upper and lower body, and pain.
- Lipedema type III stages 1 or 2.
- Negative pitting sign.
- In maintenance treatment phase with a class II circular-knitted compression garment for at least 6 months.
- Adequate compliance with compression garments (worn during the day, except during personal hygiene and water-related activities).

... and 1 more (see full listing online)

Exclusion (10)

- Lipedema with fatty lobulations.
- Body Mass Index (BMI) ≥ 30 kg/m².
- Waist-to-Height Ratio > 0.53 .
- Pregnancy.
- Renal, hepatic, or cardiac insufficiency.

... and 5 more (see full listing online)

Locations (1 total)

Hospital Universitari i Politecnic La Fe, Valencia, Valencia, Spain