

Hold me Tight/Let me Go: Effectiveness of a Course to Enhance Parent-adolescent Relationship

NCT06966323

Status RECRUITING
Sponsor University of Amsterdam
Enrollment 150 participants

Key Eligibility Criteria

Inclusion (7)

- We will include:
 - Families with one or both parents/primary caretaker (single parent or blended families are allowed) with one adolescent of 12 to 18 years of age;
 - Adolescent problems are deemed to be exacerbated by a stressful parent-adolescent relationship.
- We will exclude:
 - Participants in command of the Dutch language.

... and 2 more (see full listing online)

Locations (5 total)

Connected Together, Almere Stad, Netherlands
Molemann Mental Health, Almere Stad, Netherlands
Twig Clinics B.V., Bilthoven, Netherlands
... and 2 more locations