

Examining the Role of Executive Functioning in Family-Based Intensive Health Behavior and Lifestyle Treatment

NCT06969235

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Missouri-Columbia
Enrollment	10 participants

Key Eligibility Criteria

Inclusion (5)

- Youth 13-17 years old
- Youth with OV/OB (BMIe85th percentile for age/gender norms)
- Participating caregiver must be the participating youth's legal guardian
- Participating youth and caregiver speak and read English
- Participating youth and caregiver agree to attend IHBLT group meetings in-between the pre- and post-treatment assessments.

Exclusion (4)

- Youth pervasive developmental disorder (e.g., intellectual disability)
- Youth or caregiver in commercial weight loss program or taking prescribed medications for the prior three months that impact appetite or weight
- Youth or caregiver with documented history of eating disorder or untreated severe depression
- Both youth and caregiver scores are two standard deviations or above the mean on the CPT-3 Commissions and Stroop Interference, representing significantly higher than average EF skills.

Locations (1 total)

College of Health Sciences, University of Missouri, Columbia, Missouri, United States