

Effects of Probiotics on Symptoms of Constipation in Adults With Functional Constipation

NCT06969872

Status	RECRUITING
Phase	Not Applicable
Sponsor	Chung Shan Medical University
Enrollment	165 participants

Key Eligibility Criteria

Inclusion (4)

- male or female
- aged 18-75 years old
- fulfill Rome IV criteria for functional constipation
- have not participated in similar research in the past three months

Exclusion (10)

- Personal or family history of colon cancer, celiac disease, and inflammatory bowel disease
- Irritable bowel syndrome diagnosed during colonoscopy
- Those who are pregnant recently (including men and women), or are pregnant or breastfeeding women.
- Taking antidepressants, anti-anxiety drugs and other psychotropic drugs.
- Long-term medication is required to improve constipation
- ... and 5 more (see full listing online)

Locations (1 total)

Chung Shan Medical University, Taichung, South, Taiwan