

# Nurse-Led Telehealth for Gout

NCT06971146

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|-------------------|----------------------|
| <b>Status</b>     | RECRUITING           |
| <b>Phase</b>      | Not Applicable       |
| <b>Sponsor</b>    | University of Aarhus |
| <b>Enrollment</b> | 200 participants     |

## Key Eligibility Criteria

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### Inclusion (5)

- e18years old
- Fulfills ACR/EULAR 2015 Gout Classification Criteria
- Estimated Glomerular Filtration Rate (e-GFR)  $\geq$ 30 ml/min
- Prescribed Allopurinol or Adenuric, and achieved two consecutive serum urate levels of two consecutive serum urate levels of  $\leq$ 0.30 mmol/l for patients with tophi and  $\leq$ 0.36 mmol/L for patients without tophi
- Have sufficient Danish reading and writing skills to understand information and complete questionnaires.

### Exclusion (1)

- Cognitively impaired, unable to understand or provide informed consent.

## Locations (5 total)

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Aarhus University Hospital, Aarhus, Denmark  
Gødstrup Hospital, Herning, Denmark  
Horsens Hospital, Horsens, Denmark  
... and 2 more locations