

# Reflexology Massage and Hot Water Foot Bath for Pain and GI Recovery After Colorectal Surgery

NCT06972199

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Istanbul University - Cerrahpasa
Enrollment	102 participants

## Key Eligibility Criteria

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### Inclusion (5)

- years of age or older,
- Planning laparoscopic surgery for a malignant tumour in the large intestine,
- The same method was used for preoperative bowel and GI tract preparation,
- Postoperative Numerical Proportioning Scale (NRS) score of 3 and above,
- Verbal and written acceptance to participate in the research.

### Exclusion (5)

- The patient has a temporary or permanent stoma,
- Having a history of reflexology application before,
- Open wound, infection, circulatory disorder, lesion, etc. in the areas where reflexology massage or hot water foot bath will be applied,
- Patient-controlled analgesia in the early postoperative period
- Having any problem that prevents verbal communication.

## Locations (2 total)

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Istanbul University-Cerrahpa\_a, Istanbul, Istanbul, Turkey (Türkiye)  
University of Health Sciences, Umraniye Training and Research Hospital, Istanbul, Turkey (Türkiye)