

# Observing Metabolism of EPA With Consideration of Genetics And Sex

NCT06975241

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Status	RECRUITING
Phase	Phase 4
Sponsor	University of Toronto
Enrollment	64 participants

## Key Eligibility Criteria

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### Inclusion (2)

- BMI between 18.5- 30 kg/m<sup>2</sup>
- healthy

### Exclusion (14)

- Consumption of fish/seafood or EPA/DHA-enriched foods currently or within the previous 6 months
- Consumption of any supplements containing ALA/EPA/DHA currently or within the previous 6 months
- Allergies to any component of the study supplement (fish, gelatin etc.)
- BMI <18.5 kg/m<sup>2</sup> or >30 kg/m<sup>2</sup>
- Women who are pregnant, breastfeeding or planning on becoming pregnant
- ... and 9 more (see full listing online)

## Locations (1 total)

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Clinical Nutrition and Risk Factor Modification Centre, Toronto, Ontario, Canada