

Journaling Intervention for Temporomandibular Disorder (TMD) and Chronic Overlapping Pain

NCT06977100

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Florida
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (6)

- participants between the ages of 18 and 80
- pain in the temporomandibular (TMD) region (jaw and/or temple area)
- duration of pain is at least 3 months
- average pain score e4 on a 0-10 numerical rating scale over the past week
- have at least one additional chronic overlapping pain condition (COPC) including fibromyalgia, irritable bowel syndrome, migraine-type headache, tension-type headache, low back pain, interstitial cystitis/painful bladder syndrome or chronic prostatitis, myalgic encephalomyelitis/chronic fatigue syndrome, vulvodynia, and painful endometriosis.

... and 1 more (see full listing online)

Exclusion (11)

- history of TMD surgery
- neoplasm or injury/trauma to the TMD area
- cancer-related pain
- scheduled for any surgeries during the study time-frame
- current participation in another clinical trial or psychological treatment for any pain-related condition that would interfere with study outcomes

... and 6 more (see full listing online)

Locations (1 total)

University of Florida, Gainesville, Florida, United States