

# Effectiveness of Kinesiotaping and Peloidotherapy in Carpal Tunnel Syndrome

NCT06977321

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Konya Beyhekim Training and Research Hospital
Enrollment	90 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Being between the ages of 18-65
- Agreeing to participate voluntarily in the study
- Being diagnosed with mild or moderate idiopathic chronic CTS as a result of anamnesis, clinical examination and nerve conduction study

### Exclusion (10)

- Presence of predisposing etiological factors for CTS such as diabetes mellitus, chronic kidney and liver disease, acromegaly, rheumatological diseases, acute trauma, hypothyroidism, etc.
- Being diagnosed with severe CTS
- Having a history of previous wrist surgery or trauma
- Having atrophy in the thenar region or weakness in the thenar muscles
- Having cervical radiculopathy, thoracic outlet syndrome, polyneuropathy, brachial neuropathy or proximal median nerve neuropathy
- ... and 5 more (see full listing online)

## Locations (1 total)

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Konya Beyhekim Training and Research Hospital, Konya, Turkey (Türkiye)