

Electrotherapy Stimulation Together With Life Coaching for the Support of Burnout Symptoms in Healthcare Workers

NCT06977503

Status	RECRUITING
Phase	Not Applicable
Sponsor	Roswell Park Cancer Institute
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (12)

- Age 21 and 75 years old
- Patient-facing healthcare workers (e.g., medical doctor, advanced practice provider, nurse)
- Experiencing symptoms of burnout, as defined by a score of 1, 2, or 3 on question #2 of the Mini-Z II Survey
- Working on the Buffalo-Niagara Medical Campus (e.g. Roswell Park, Oishei Children's Hospital, Buffalo General, etc.)
- Ability to attend three (3) in-person appointments, one (1) hour in duration, at Roswell Park at week 1, week 6 and week 12 corresponding to the initial, midpoint, and final assessments
- ... and 7 more (see full listing online)

Exclusion (5)

- Subjects who self-report as pregnant or nursing. Pregnancy be verified with a urine test for all persons of childbearing potential with a uterus
- Subjects with a self-reported history of the following: Meniere's disease, history of vertigo or prone to dizziness, seizure disorder, pacemaker / implantable cardioverter-defibrillator (automatic implantable cardioverter defibrillator [AICD]), cochlear implant, or any implanted electrical devices that cannot be shut off
- Inability to tolerate the required minimum stimulation amplitude (200 uA) during the initial device training at the baseline visit.
- Any self-reported medical or psychiatric condition which in the PI or study physician's opinion deems the participant an unsuitable candidate to participate in this trial.
- Unwilling or unable to follow protocol requirements

Locations (1 total)

Roswell Park Cancer Institute, Buffalo, New York, United States

<https://clinicaltrials.gov/study/NCT06977503>

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