

Hand-Held Dynamometer Assessment: E-Sports Grip-Asymmetry Index as a Predictor of Wrist Pain

NCT06978426

Status RECRUITING
Sponsor Ahram Canadian University
Enrollment 56 participants

Key Eligibility Criteria

Inclusion (5)

- Professional e-sports athletes (receiving compensation for gaming activities)
- Age between 18 and 30 years
- Gaming for at least 35 hours per week
- For Pain Group: Reports wrist pain rated $\geq 3/10$ on VAS during gaming activities
- For No-Pain Group: Reports minimal to no wrist pain ($< 3/10$ on VAS) during gaming activities

Exclusion (6)

- History of neurologic disease
- History of rheumatic disease
- Previous wrist surgery
- Recent wrist trauma (within 3 months)
- Use of pain medication within 24 hours of assessment
- ... and 1 more (see full listing online)

Locations (1 total)

Outpatient clinic of faculty of physical therapy, Ahram Canadian University, Al (ayy Ath Th min, Giza Governorate, Egypt