

The Validity and Reliability of the Turkish Version of the BBAQ

NCT06978686

Status	RECRUITING
Sponsor	Istanbul Medeniyet University
Enrollment	210 participants

Key Eligibility Criteria

Inclusion (5)

- Aged 18 years or older
- Ability to read and write in Turkish
- No visual or hearing impairments that would interfere with participation
- Ability to follow simple instructions
- Willingness to participate in the study

Exclusion (4)

- Diagnosis of rheumatological conditions that may limit physical activity and are characterized by chronic inflammation and/or joint deformities (e.g., rheumatoid arthritis, ankylosing spondylitis, systemic lupus erythematosus, psoriatic arthritis)
- Physical limitations due to neurological or orthopedic conditions (e.g., stroke, cerebral palsy, multiple sclerosis, limb amputation, or orthopedic surgery within the past six months)
- History of psychiatric disorders that may impair cognitive functioning (e.g., schizophrenia, bipolar disorder, severe depression, attention deficit hyperactivity disorder)
- Presence of any cognitive impairment

Locations (2 total)

Ostanbul Medeniyet University, Kartal, Istanbul, Turkey (Türkiye)
Emel Mete, Maltepe, Istanbul, Turkey (Türkiye)