

Respiration and Balance in Adolescent Volleyball Players

NCT06979349

Status	RECRUITING
Sponsor	Izmir Democracy University
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (4)

- Being between the ages of 10-19
- Being actively involved in volleyball for at least 1 year
- Voluntarily agreeing to participate in the study
- Volleyball player's parent approving participation in the study

Exclusion (3)

- Have been admitted to hospital with a musculoskeletal injury in the last 3 months
- Have any known neurological, orthopedic, rheumatic, and/or cardiovascular disease
- Have been involved in a sport other than volleyball for at least 1 year

Locations (1 total)

Izmir Democracy University, Konak, Izmir, Turkey (Türkiye)