

Internet-Delivered Psychological Treatments for Chronic Pain in Adolescents: ACT and Pain Education.

NCT06981312

Status	RECRUITING
Phase	Not Applicable
Sponsor	Region Stockholm
Enrollment	150 participants

Key Eligibility Criteria

Inclusion (7)

- Adolescents aged 13-19 years with chronic pain (duration ≥ 3 months).
- Have undergone a medical examination regarding their pain condition.
- Are not using pain-relieving medication, or have been stable on such medication for at least 2 months, with no planned medication changes.
- Have not undergone ACT or CBT treatment in the past six months.
- Can read and write in Swedish without difficulty.
- ... and 2 more (see full listing online)

Exclusion (4)

- Insufficient understanding of Swedish to complete study-related tasks.
- Adolescents currently undergoing ACT or CBT treatment.
- Adolescents who are using pain-relieving medication or have unstable medication regimes.
- Adolescents without access to a smartphone/computer or e-ID.

Locations (1 total)

Karolinska University Hospital, Vallentuna, Sweden