

Beat the Heat Boston

NCT06982339

Status	RECRUITING
Phase	Not Applicable
Sponsor	Harvard School of Public Health (HSPH)
Enrollment	100 participants

Key Eligibility Criteria

Inclusion (5)

- reside in Roxbury, Dorchester, East Boston or Mattapan MA
- age 55-95 years old
- speak English or Spanish
- do not have air conditioning in the home
- living with at least one of the following conditions: chronic CVD (hypertension, hyperlipidemia, diabetes, history of stroke or myocardial infarction, atrial fibrillation, or heart failure), chronic pulmonary disease (asthma, COPD/emphysema, interstitial lung disease), chronic neurologic disease (stroke, Parkinson's disease, or other chronic neurologic conditions), chronic mental health conditions (including anxiety disorder, major depression, bipolar disorder), and/or history of hospitalization (defined as spending at least one night in the hospital) for any reason within the past three years.

Exclusion (1)

- Lack a location in their home suitable for installation of the AC unit provided during the research study.

Locations (1 total)

Harvard TH Chan School of Public Health, Boston, Massachusetts, United States