

Efficacy of Trazodone to Treat Insomnia in Older Adults (TRADITION Study)

NCT06983080

Status	RECRUITING
Phase	Phase 2
Sponsor	Centre hospitalier de l'Université de Montréal (CHUM)
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (2)

- Individuals aged 65 or older in an outpatient setting
- Insomnia according to the criteria of the ICSD-3R

Exclusion (22)

- Contraindication to trazodone (hypersensitivity)
 - Presence of a ventricular cardiac arrhythmia (e.g., torsades de pointes)
 - Recent myocardial infarction (< 6 months)
 - Substances that may alter sleep (hypnotics or any other medication intended to induce sleep, such as mirtazapine or quetiapine, corticosteroids, melatonin, psychostimulant drugs)
 - Active, unstable psychiatric disorder
- ... and 17 more (see full listing online)

Locations (1 total)

Centre Hospitalier de l'Université de Montréal, Montreal, Quebec, Canada