

Effectiveness of Positional Release Techniques and Graston Technique In Trigger Point

NCT06986317

Status	RECRUITING
Phase	Not Applicable
Sponsor	Elite College of Management Sciences, Gujranwala, Pakistan
Enrollment	34 participants

Key Eligibility Criteria

Inclusion (3)

- Male and Female
- Age group 18-55 years
- At least one trigger point

Exclusion (4)

- Radiculopathy
- History of head and upper back trauma or surgery
- Tendency to hemorrhage
- Systemic disease

Locations (1 total)

- Al- Raee Hospital Gujranwala • Civil Hospital Gujranwala • Elite college of Management Sciences Gujranwala, Gujranwala, Punjab Province, Pakistan