

# Frailty and Muscle Strength Tests in Older Adults Undergoing Major Surgery

NCT06988176

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**Status** RECRUITING  
**Sponsor** University of North Carolina, Chapel Hill  
**Enrollment** 100 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Participants may be eligible for this study if they meet the following conditions:
- Age 65 years or older.
- Scheduled for elective (planned, non-emergency) major abdominal surgery, including colorectal, hepatobiliary, gynecologic, or urologic procedures.
- Able to attend a routine preoperative evaluation visit.
- Able and willing to complete brief assessments for muscle strength, walking, breathing strength, memory, and nutrition.

### Exclusion (4)

- Participants will not be eligible for the study if they have any of the following conditions:
- Surgery is an emergency procedure.
- Unable to walk independently (for example, dependent on a wheelchair or bed-bound).
- Significant cognitive impairment that prevents understanding or completing study tests.

## Locations (1 total)

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University of North Carolina, Chapel Hill, North Carolina, United States