

# Three-dimensional Lumbar Myofascial Release and Motor Control in Lumbar Radiculopathy

NCT06990113

---

Status	RECRUITING
Phase	Not Applicable
Sponsor	October 6 University
Enrollment	32 participants

## Key Eligibility Criteria

---

### Inclusion (4)

- Their ages range from 35 to 50 years.
- Both sex
- Unilateral lumbar radiculopathy for more than 6 months.
- Normal body mass index (18.5 - 24.99Kg/m<sup>2</sup>).

### Exclusion (5)

- Any other musculoskeletal disorders of the spine or upper extremity
- Patients with any other Neurological deficits, psychiatric disease lumbar myelopathy, Cognitive problems, vertebral fractures and previous history of spine or lumbar surgery.
- Clinical instability, recent trauma
- Structural abnormalities of the spine, osteoporosis, and spasmodic torticollis.
- Inflammatory or other specific disorders of spina such as ankylosing spondylitis and rheumatoid arthritis

## Locations (1 total)

---

Lama Saad El-Din Mahmoud, Al J+zah, Select State, Egypt