

# Shoulder Manipulation in Volleyball Players

NCT06992375

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Medical University of Gdansk
<b>Enrollment</b>	12 participants

## Key Eligibility Criteria

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### Inclusion (4)

- healthy individuals who are over 18 years old,
- a player from the AZS volleyball league,
- a player who regularly competes in the league,
- expressing informed consent to participate in the study and undertaking to comply with the track regulations and wear a helmet.

### Exclusion (4)

- lack of volunteer consent,
- previous surgeries of the upper, lower limb and spine,
- other upper limb injuries in the last 6 months,
- pain limiting participation in the study,

## Locations (1 total)

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AZS Central Academic Sports Center in GdaDsk, Gdansk, Poland