

# Splinting vs Exercise in De Quervain's Tenosynovitis

NCT06995534

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Konya Beyhekim Training and Research Hospital
<b>Enrollment</b>	40 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Adults aged between 18 and 65 years
- Patients experiencing wrist pain and tenderness for less than 3 months and clinically diagnosed with acute or subacute De Quervain's tenosynovitis
- Visual Analog Scale (VAS) pain score  $\leq 3$

### Exclusion (12)

- History of trauma
- Wrist fractures
- Local infection
- Presence of rheumatologic diseases (e.g., rheumatoid arthritis, psoriatic arthritis)
- Presence of symptomatic hand osteoarthritis

... and 7 more (see full listing online)

## Locations (1 total)

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Konya Beyhekim Training and Research Hospital, Konya, Turkey (Türkiye)