

Effects of SNAGs & CBT on Pain, Craniovertebral Angle & Disability in Non Specific Neck Pain

NCT06996015

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	32 participants

Key Eligibility Criteria

Inclusion (7)

- Age group: 18-28 Years(20)
- Gender Group: Both male and female participants(20)
- Individuals with a Craniovertebral angle ≤ 53 (20)
- Individuals having grade 2 neck pain according to KNGF Guidelines.(21)
- Individuals having localized pain or stiffness in spine or both combined between C3 and C7 without upper-limb radiculopathy(22)
- ... and 2 more (see full listing online)

Exclusion (7)

- Those who had undergone spinal surgery(23)
- Neck pain caused by various pathologies (rheumatoid arthritis, ankylosing spondylitis, fracture, tumor, etc.)(23)
- Nerve root compression, (23)
- A positive vertebralbasilar artery test, (23)
- Severe radiculopathy,(23)
- ... and 2 more (see full listing online)

Locations (1 total)

Syeda Khatoon e Jannat Trust Hospital,, Faisalabad, Punjab Province, Pakistan