

Evaluation of a Foot Health Program Incorporating Minimalist Footwear on Fall Risk Factors in Older People Living in Senior Nursing Homes: a Pilot Study.

NCT06996444

Status	RECRUITING
Phase	Not Applicable
Sponsor	Centre Hospitalier Emile Roux
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (4)

- People over 65 years of age
- Able to walk independently with or without a walking aid (cane, walker, etc.)
- Persons affiliated with a social security system or assimilated
- Persons (participants, guardians, or curators where applicable) who have been informed and have given their written consent to participate in the study.

Exclusion (6)

- People who already wear minimalist shoes.
- People with a contraindication to wearing minimalist shoes
- People wearing orthopedic shoes prescribed by a health professional.
- People taking part in a falls prevention program.
- Persons unable to walk

... and 1 more (see full listing online)

Locations (5 total)

Ehpad les Cèdres, Beaux, France
Ehpad Paradis, Espaly-Saint-Marcel, France
Ehpad Le Vergé de Léa, Le Puy-en-Velay, France
... and 2 more locations