

# Testing the Effectiveness and Implementation of a Meditation App for Youth in the Legal System

NCT06997120

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|-------------------|-----------------------------------|
| <b>Status</b>     | RECRUITING                        |
| <b>Phase</b>      | Not Applicable                    |
| <b>Sponsor</b>    | University of Illinois at Chicago |
| <b>Enrollment</b> | 300 participants                  |

## Key Eligibility Criteria

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### Inclusion (6)

- years old
- In probation programming (i.e., in legal programming but not detained) in Cook County
- Have access to an Apple/Android smartphone
- Understand and provide assent/consent
- Have legal guardian permission (if under 18 years old)
- ... and 1 more (see full listing online)

## Locations (1 total)

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University of Illinois at Chicago, Chicago, Illinois, United States