

6-Month Trial of Chinese Herbal Treatments for Hair Loss and Gray Hair

NCT06998680

Status	RECRUITING
Phase	Not Applicable
Sponsor	Vita Green Pharmaceutical (H.K.) Ltd.
Enrollment	152 participants

Key Eligibility Criteria

Inclusion (7)

- Participants must sign the informed consent form prior to enrollment and fully understand the study's purpose, procedures, and potential adverse events.
 - Adults aged 18 to 60 years, both male and female; each group must include no less than 50% female participants.
 - Hair length must be greater than 5 cm.
 - Women must meet the Savin scale classification between grades 1-3 to II.
 - Men must meet the Norwood-Hamilton classification between stages II and VI.
- ... and 2 more (see full listing online)

Exclusion (11)

- Pregnant or breastfeeding women, or individuals planning to conceive in the near future.
 - Individuals with medical conditions causing hair loss, such as refractory alopecia areata, inflammatory scarring alopecia, or psoriatic alopecia; or those diagnosed with other scalp or hair disorders.
 - Individuals with diagnosed psychiatric or psychological disorders, or those with long-term sleep disturbances or emotional regulation issues.
 - Use of anti-hair loss cosmetics or other hair growth-promoting products within the past 3 months.
 - Use of any systemic or topical medications known to affect hair growth within the past 6 months.
- ... and 6 more (see full listing online)

Locations (1 total)

The First People's Hospital of Xiangtan City, Xiangtan, Hunan, China