

# Mechanism of FODMAP Restriction on FGID Patients

NCT07000227

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Universiti Kebangsaan Malaysia Medical Centre
<b>Enrollment</b>	60 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Aged 18 and above
- Able to provide informed consent
- Those with pre-existing irritable bowel syndrome (IBS) or functional dyspepsia (FD) or both screened by gastroenterologists
- Meet the ROME III- Asian criteria for FGID
- Able to communicate in Malay or English language

### Exclusion (10)

- Pregnant or lactating women
- History declared by the participant of pre-existing gastrointestinal disorder, including but not limited to Inflammatory Bowel Disease, Coeliac Disease, Pancreatitis, Gallstone disease (biliary colic, cholecystitis), Diverticulitis
- Cancer of any kind
- Patients with reported history of previous resection of any part of the GI tract other than appendix or gall bladder, intestinal stoma
- Habitual use of opiate analgesics likely to alter bowel function e.g. morphine
- ... and 5 more (see full listing online)

## Locations (1 total)

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Hospital Canselor Tuanku Muhriz Universiti Kebangsaan Malaysia, Jalan Yaacob Latif, Bandar Tun Razak, Kuala Lumpur, Kuala Lumpur, Malaysia