

Pushing Using Real-time Sonographic Ultrasound Education

NCT07000240

Status	RECRUITING
Phase	Not Applicable
Sponsor	Fondazione Policlinico Universitario Agostino Gemelli IRCCS
Enrollment	136 participants

Key Eligibility Criteria

Inclusion (6)

- Nulliparous women in their second trimester (approximately 14-28 weeks of gestation).
- Willingness to participate in the preparation training program on pushing techniques.
- Singleton pregnancy.
- Age 18 years or older.
- Ability to understand and provide informed consent in Italian.

... and 1 more (see full listing online)

Exclusion (6)

- Multifetal (e.g., twins, triplets) pregnancies.
- Known obstetric complications or conditions that contraindicate a vaginal delivery (e.g., placenta previa).
- Medical or psychiatric conditions that would prevent participation in the educational program or adherence to study protocols.
- History of pelvic floor surgery or severe pelvic floor dysfunction that might affect participation or outcomes.
- Inability to understand study requirements or provide informed consent.

... and 1 more (see full listing online)

Locations (1 total)

UOC Ostetricia e Patologia Ostetrica, Rome, RM, Italy