

VITAL: Vaccination, Immunity, Time-restricted Eating, Aging and Lifestyle

NCT07000708

Status	RECRUITING
Phase	Not Applicable
Sponsor	Charite University, Berlin, Germany
Enrollment	24 participants

Key Eligibility Criteria

Inclusion (10)

- Male and female participants, enrolled in a 1:1 ratio
- Age 60-85 years
- Body mass index (BMI) 20-35 kg/m²
- Capacity to give informed consent
- Existing health insurance to allow evaluation and treatment of any incidental findings

... and 5 more (see full listing online)

Exclusion (25)

- Any vaccination (especially influenza and/or COVID-19) within 6 months before the intervention start
- Vaccinations not related to the study, administered during the study period from V0 to V4
- History of influenza infection within 6 months prior to initiation of the study intervention
- History of severe adverse reactions to prior vaccinations
- Use of pharmacological weight-loss agents (e.g., semaglutide)

... and 20 more (see full listing online)

Locations (1 total)

Clinical Research Unit, Experimental & Clinical Research Center, Campus Buch, Charité, Berlin, Germany