

The Effects of Scapular Stabilization Exercises in Traditional Archery Athletes

NCT07002008

Status	RECRUITING
Phase	Not Applicable
Sponsor	Karabuk University
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (4)

- Aged 15 to 35 years
- Licensed traditional archers with at least 2 years of experience
- Regular participation in training programs
- Willingness to participate and provide informed consent

Exclusion (3)

- History of upper extremity orthopedic surgery in the past year
- Existing musculoskeletal disorders in the upper extremity
- Presence of any neurological disease

Locations (1 total)

At1c1lar Archery Facility, Bursa Metropolitan Municipality, Bursa, Osmangazi , Turkey (Türkiye)