

Nature-based Intervention for Chronic Pain in Older People

NCT07002853

Status	RECRUITING
Phase	Not Applicable
Sponsor	Université du Québec à Chicoutimi
Enrollment	15 participants

Key Eligibility Criteria

Inclusion (5)

- Aged 65 years +
- Having low back pain for 3 months or more
- Being able to walk independently
- Mental state $\geq 25/30$ in the MMSE questionnaire
- Frailty score $\leq 3/5$ (Fried criterias)

Exclusion (1)

- Presenting other severe musculoskeletal, cardiovascular, or neurological conditions, or systemic diseases (e.g., cancer).

Locations (1 total)

Université du Québec à Chicoutimi, Saguenay, Quebec, Canada